

# MLHS CHIEF BAND PRACTICE RECORD

NAME: \_\_\_\_\_

Practice records are due every Monday and are evaluated under the Classroom Preparation (homework) part of your grade. In the event that there is no school, they are due the following school day. Late practice records will be docked 10% each day they are late (after 10 days, no credit...do the math). Students should be practicing on a daily basis. It is much more beneficial to practice in small amounts over a longer period of time than to try and cram a lot of practice into a short time span! At minimum, students should be practicing 2.5 hours per week to make satisfactory progress - that's only 30 minutes/day spread over 5 days! Practice may consist of any class materials (exercises, scales, tunes, etc.). Please be detailed in what you practiced (books/pages/numbers, scales, pieces/measures, etc.) and a sample practice session is provided on the back. Remember, you will only get out what you put in – discipline in the practice session is the key to success!

Dates	Long tones	Intervals/Lip slurs	Scales/Arpeggios	Etudes/Exercises/Concert Music	Sight Reading	Other	Amount of time

WEEKLY TOTAL: \_\_\_\_\_

## **Sample Outline for 1/2 Hour Practice Session**

- 2-3 minutes long tones
- 2-3 minutes interval drills/lip slurs
- 5-10 minutes scales/arpeggios
- 10 minutes etudes/exercises/concert pieces  
(class assigned or new)
- 2 minutes of sight reading
- 5 minutes recreation (pop tunes/previous material)